# FORGING THE FUTURE:



Visit the NEHC Health Promotion Home Page http://www-nehc.med.navy.mil/hp/index.htm

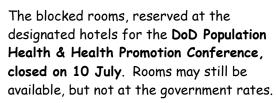
### Friday FACTS

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12 July 2002

"Leadership, Partnership, and Championship"





Online conference registration will close 28 July. On site registration will be available for the conference. If space is available, on site registration will also be available for the skills training workshops.

However, the ALA Tobacco Cessation Instructor Facilitator Certification and the Humanitarian Assistance Workshops closed on 3 July.

#### Working Juicy - Full of Life's Essence

## Collaborating with Nature for Your Employee's Growth

Are you more open to see what the plants in your yard need, than some of your associates at work? I didn't want to get arrested for bulb abuse so I moved them to a new location. The day lily bulbs I had planted with the good intention of beautifying the spot had hardly survived. The "soil" (term used very loosely) around the telephone pole was more a mix of creosote and gravel. But moved to another location where the soil and sun and water are right, they are growing.

When an employee is asking for positive feedback and attention of some sort, do you withhold it from them? Do you find their neediness annoying? If you had a plant in your yard that required more watering than another, would you give it? Looking as a gardener, most would seek to understand what is necessary and do it. Can you sit back and consider some of what the people around you might need? What if you were to give it first, before it felt like you were required to do it?

When a plant does poorly, it would be unusual to blame the plant. We look to the soil conditions, proper amounts of sunlight, fertilizer, watering, etc. When your intention is for the people around you to thrive, the same collaboration with Nature is necessary. Can you provide the conditions that encourage them to be all they are?

And what about for yourself?

"No gardener has made a rose. When its needs are met, a rosebush will make roses."

-Rachael Naomi Remen, MD

### College Drinking

The National
Institute on
Alcohol Abuse and Alcoholism
NIAAA) has issued a Call to
Action to address
college drinking! The website
<a href="http://www.collegedrinkingprevention.gov/">http://www.collegedrinkingprevention.gov/</a>

collegedrinkingprevention.gov/ Reports/TaskForce/

<u>TaskForce\_TOC.aspx</u> offers a report, strategies and recommendations from the group!

When I despair, I remember that all through history, the way of truth and love has always won. There have been murderers and tyrants, and for a time they can seem invincible.

But in the end they always fall. Think of it, always. --Mohandas Gandhi (1869-1948)



